PHILOSOPHY:

I approach counseling using an integrative approach that is tailored to the client needs using one or more of the following techniques: cognitive-behavior, behavior, and family systems theory. My approach consists of teaching, supporting, and empowering clients throughout the therapeutic process. Using a non-judgmental, direct and interactive approach I work side by side with clients to achieve short and long term goals they want to achieve for themselves. Erica’s supervisor is Bob Davidson, M.Div., M.Ed., LMFT, CSAT. Erica gets direct supervision, individual supervision and group supervision.

EDUCATION LEVEL/TRAINING

M.S. Mental Health Counseling (CACREP-APPROVED), expected to graduate Dec 08
B.S. Portland State University, B.S. in Psychology
ACA Student Member

CLIENTS BILL OF RIGHTS: Clients have the right ...

- To expect that the intern has met the minimal qualifications of training and experience required by state law;
- To examine public records maintained by the Board and to have the Board confirm credentials of an intern;
- To obtain a copy of the Code of Ethics;
- To report complaints to the Board;
- To be informed of the cost of professional services before receiving the services;
- To be assured of privacy and confidentiality while receiving services as defined by rule and law, including the following exceptions: 1) Reporting suspected child abuse; 2) Reporting imminent danger to client or others; 3) Reporting information required in court proceedings or by client's insurance company, or other relevant agencies; 4) Providing information concerning licensee case consultation or supervision; and 5) Defending claims brought by client against licensee.
- To be free from being the object of discrimination on the basis of race, religion, gender, or other unlawful category while receiving services.

FEE SCHEDULE:

Intake Session (First Session) $15
Individual, Couple and Family Counseling Hour $15

PROFESSIONAL/LICENSING BOARD ADDRESS: (You may contact the board if you have concerns)

OREGON: Board of Licensed Professional Counselors and Therapists (503) 378-5499
3218 Pringle Road, SE #250, Salem, OR 97302-6312